



Weekly Menu

TLC Living Community



	Sun 04-14-2024	Mon 04-15-2024	Tue 04-16-2024	Wed 04-17-2024	Thu 04-18-2024	Fri 04-19-2024	Sat 04-20-2024
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Peaches 100% Juice Toast of Choice	California Omelet <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Maple Oatmeal Egg of Choice Sausage Patty Hash Brown Patty Pears 100% Juice White Toast	Sausage Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Mandarin Oranges 100% Juice Toast of Choice	French Toast Egg of Choice Sausage Patty Applesauce 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice
L U N C H	Chicken Bruschetta <i>or</i> Italian Beef Pot Roast Herb Roasted Red Potatoes Garlic Green Beans French Bread Chocolate Cream Pie	Roasted Rosemary Pork <i>or</i> Cranberry Glazed Turkey Roast Baked Sweet Potato Creamed Spinach Hawaiian Roll Key Lime Pie	Beef Scalloped Potatoes <i>or</i> Sour Cream Chicken Enchiladas Apricots Green Salad Cornbread Muffin Cheesecake	Baked Ham with Mustard Sauce <i>or</i> Lemon Garlic Fish Baked Potato Mixed Vegetables Hawaiian Roll Banana Cake	Old Fashioned Chicken with Gravy <i>or</i> Pork Chop with Mushroom Gravy Classic Mashed Potatoes Corn Hawaiian Roll Fresh Coconut Cream Pie	Green Salad Swedish Meatballs <i>or</i> Garlic Butter Shrimp Scampi Noodles Fresh Cooked Carrots Breadsticks Strawberry Pie	Lasagna <i>or</i> Ham and Cheese Quiche Fruit Cup Green Salad Garlic Bread White Poke Cake
D I N N E R	Split Pea Soup Corned Beef and Swiss on Rye Dill Cucumbers Rootbeer Floats	Chicken Noodle Soup Sloppy Joes Vegetables with Ranch Dip Fruity Ginger Ale Jello	Tuna Melt Chips Minestrone Soup Vanilla Ice Cream	Chicken and Dumplings Grapes Garden Green Salad Buttermilk Biscuits Cookie	Braised Beef Sandwich French Fries Garden Vegetable Soup Assorted Desserts	Ham Wrap Baked Beans Broccoli Cheese Soup Peach Parfait with Wafers	Baked Potato Soup Smoked Sausage Link Apple Slices Sauerkraut Cookies and Cream Ice Cream
Milk offered at every meal							Week 1

Dietitian's Signature: *Deane Jager 610128*
1-11-2024