



Weekly Menu

TLC Living Community



	Sun 07-21-2024	Mon 07-22-2024	Tue 07-23-2024	Wed 07-24-2024	Thu 07-25-2024	Fri 07-26-2024	Sat 07-27-2024
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Fresh Pineapple 100% Juice Toast of Choice	California Omelet <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	French Toast Egg of Choice Bacon Pears 100% Juice Toast of Choice	Sausage Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Cantaloupe 100% Juice Toast of Choice	Blueberry Muffin Egg of Choice Sausage Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Mandarin Oranges 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice
L U N C H	Creamed Ham and Cornbread <i>or</i> Hot Beef Sandwich Classic Mashed Potatoes Fresh Cooked Carrots Turtle Brownie	Champagne Chicken <i>or</i> Honey Glazed Meatballs Baked Potato Oven Roasted Cauliflower Breadsticks Banana Creme Cake	Bacon Macaroni and Cheese <i>or</i> Shepherd's Pie with Gravy Apricots Green Salad Garlic Bread Chocolate Peanut Butter Pie	Baked Ham with Mustard Sauce <i>or</i> Seasoned Chicken Legs Baked Sweet Potato Peas Hawaiian Roll Apple Pie	Baked Parmesan Fish <i>or</i> Pork Chop with Mushroom Gravy Buttered Noodles Roasted Acorn Squash French Bread Whipped Berry Pie	Fried Shrimp with Cocktail Sauce <i>or</i> Chicken BLT Taco Fried Potatoes and Onions Corn O'Brien Tres Leches Cake	Liver and Onions <i>or</i> Pork Medallions and Biscuits Classic Mashed Potatoes Green Beans Fresh Coconut Cream Pie
D I N N E R	Kielbasa and Bean Soup Grilled Turkey Club Sandwich Celery Sticks with Peanut Butter Sherbet	Pork Sliders Tater Tots Beef Pasta Vegetable Soup Assorted Desserts	Beef Chili Fried Chicken Sandwich Baked Parmesan Zucchini Vanilla Ice Cream	French Onion Soup Garlic Roast Beef Sandwich Homestyle Country Potatoes Marinated Mushrooms Cookie	Chicken Noodle Soup Bratwurst on a Bun Coleslaw Caramel Chocolate Sundae	Creamy Carrot Soup Sloppy Joes Potato Chips Pickle Chips Fruit Sundae	Chicken Melt Potato Salad Minestrone Soup Butterscotch Pudding
Milk offered at every meal							Week 2

Dietitian's Signature: *Devin Jagu 6/10/28*
4-29-2024