



Weekly Menu

TLC Living Community



	Sun 11-17-2024	Mon 11-18-2024	Tue 11-19-2024	Wed 11-20-2024	Thu 11-21-2024	Fri 11-22-2024	Sat 11-23-2024
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Pears 100% Juice Toast of Choice	California Omelet <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Apricots 100% Juice Toast of Choice	Corned Beef Hash Egg of Choice Bacon Fresh Pineapple 100% Juice Toast of Choice	Raisin French Toast <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Sausage Country Gravy and Biscuits Egg of Choice Bacon Hash Brown Patty Applesauce 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Ham Egg Muffin Sandwich <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Peaches 100% Juice Toast of Choice
L U N C H	Rotini with Tomato Meat Sauce <i>or</i> Vegetarian Quiche Fruit Cup Green Salad Garlic Bread Banana Cream Pie	Beef Cube Steaks <i>or</i> Garlic Parmesan Chicken Parsley Potatoes Peas and Carrots Hawaiian Roll Coconut Cake	Teriyaki Chicken Rice Bowl <i>or</i> Beef Scalloped Potatoes Mandarin Oranges Seasoned Broccoli French Bread Cherry Pie	Oven Roasted Pork Loin <i>or</i> Breaded Fish Fillet Baked Potato Corn Hawaiian Roll Whipped Lemon Pie	Cranberry Glazed Turkey Roast <i>or</i> Swedish Meatballs Roasted Potato Medley with Gravy Steamed Cauliflower Breadsticks German Chocolate Brownie	Fried Shrimp with Cocktail Sauce <i>or</i> Ranch Pork Chops O'Brien Potatoes Seasoned Zucchini French Bread Cinnamon Roll Cake	Beef and Noodles <i>or</i> Chicken Shepherd's Pie Grapes Green Salad Hawaiian Roll Oreo Delight
D I N N E R	Chicken Ranch BBQ Sandwich Fried Potatoes and Onions Minestrone Soup Chocolate Ice Cream	Sub Sandwich Macaroni Salad Tomato Soup Cookie	All Beef Hot Dog Chips Vegetable Barley Soup Tapioca Pudding	Classic Beef Stew Strawberry and Banana Salad Lettuce Tomato Cucumber Salad Butter Pecan Ice Cream	Homestyle Cream of Chicken Soup BLT Sandwich Coleslaw Fruit Sundae	Hamburger Pizza Apple Slices Vegetable Pasta Salad Orange Juicy Jello	German Potato Soup (Kartoffelsuppe) Tuna Melt on Rye Pickled Beets Blueberry Parfait

Milk offered at every meal

Week 1

Dietitian's Signature: *Diana Jagan 10-14-2024*
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