



Weekly Menu

TLC Living Community



	Sun 01-05-2025	Mon 01-06-2025	Tue 01-07-2025	Wed 01-08-2025	Thu 01-09-2025	Fri 01-10-2025	Sat 01-11-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Pears 100% Juice Toast of Choice	Bacon and Cheese Omelet <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Apricots 100% Juice Toast of Choice	Maple Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Raisin French Toast <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fresh Pineapple 100% Juice Toast of Choice	Ham Egg Muffin Sandwich Egg of Choice Bacon Hash Brown Patty Applesauce 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Sausage Biscuit <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Peaches 100% Juice Toast of Choice
L U N C H	Shepherd's Pie with Gravy <i>or</i> Chicken Enchiladas Fruit Cup Lettuce Tomato Cucumber Salad Hawaiian Roll Coconut Pudding	Salisbury Steak and Gravy <i>or</i> Apricot Brown Sugar Ham Parsley Potatoes Roasted Cauliflower Breadsticks Yellow Cake	Hot Pork Sandwich <i>or</i> Chicken and Biscuits Classic Mashed Potatoes Green Beans Banana Cream Pie	Baked Parmesan Fish <i>or</i> Cube Steak with Burgundy Sauce Homestyle Fried Potatoes Corn Hawaiian Roll German Chocolate Brownie	Garlic Broiled Chicken Leg <i>or</i> Grilled Pork with Honeyed Apricots Baked Potato Creamed Spinach Hawaiian Roll Peaches and Cream Cake	Honey Glazed Meatballs <i>or</i> Teriyaki Shrimp Fried Rice Oven Roasted Broccoli French Bread Whipped Lemon Pie	Hot Beef Sandwich <i>or</i> Open Face Hot Turkey Sandwich Classic Mashed Potatoes Fresh Cooked Carrots Blueberry Pie
D I N N E R	Potato Soup Turkey Bacon Melt Dill Cucumbers Chocolate Ice Cream	Italian Sub Sandwich Mandarin Oranges Beef Pasta Vegetable Soup Fancy Cherry Jello	Corned Beef and Swiss on Rye Chips Minestrone Soup Assorted Desserts	Sausage Pizza Assorted Fruit Sautéed Mushrooms Butter Pecan Ice Cream	Chicken Noodle Soup BBQ Beef Sandwich Coleslaw Mandarin Parfait	Beef Chili Ham and Cheese Sliders Celery Sticks with Peanut Butter Oatmeal Raisin Cookie	Fried Chicken Sandwich Grapes Homestyle Bean Bacon Soup Fruit Sundae

Milk offered at every meal

Week 3

Dietitian's Signature: *Diana Jagan 10-14-2024*
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