



# Weekly Menu

TLC Living Community



	Sun 02-16-2025	Mon 02-17-2025	Tue 02-18-2025	Wed 02-19-2025	Thu 02-20-2025	Fri 02-21-2025	Sat 02-22-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Mandarin Oranges 100% Juice Toast of Choice	Denver Omelet <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Pears 100% Juice Toast of Choice	Butterscotch Oatmeal Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice	Buttermilk Pancakes <i>or</i> Cream of Wheat Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	English Muffin Breakfast Sandwich Egg of Choice Sausage Patty Hash Brown Patty Grapes 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Applesauce 100% Juice Toast of Choice
L U N C H	Italian Sausage Pasta <i>or</i> Bacon Quiche Fruit Cup Green Salad Garlic Bread Pineapple Cream Pie	Beef Patty with Mushroom Gravy <i>or</i> Old Fashioned Chicken and Gravy Classic Mashed Potatoes Skillet Cabbage Hawaiian Roll Chocolate Turtle Cake	Pork Stir-Fry over Rice <i>or</i> Beef Scalloped Potatoes Cottage Cheese and Pineapple Oven Roasted Broccoli French Bread Pumpkin Spice Bar	Breaded Fish Fillet <i>or</i> Cube Steak and Gravy Parsley Potatoes Green Beans Hawaiian Roll Cheesecake	Ham with Apple Maple Sauce <i>or</i> Bacon Ranch Chicken Baked Potato Sauteed Zucchini Buttermilk Biscuits Cherry Pie	Fried Shrimp with Cocktail Sauce <i>or</i> Hot Meatloaf Sandwich Fried Potatoes and Onions Fresh Cooked Carrots Breadsticks Apple Cake	Garlic Herb Pork Roast <i>or</i> Roasted Turkey Breast Homestyle Stuffing Glazed Butternut Squash Hawaiian Roll Chocolate Cream Pie
D I N N E R	Garlic Roast Beef Sandwich Fried Potatoes and Onions Garden Vegetable Soup Assorted Desserts	Turkey Club Sandwich French Fries Tomato Soup Cookie	Cream of Potato Soup Bratwurst on a Bun Vegetables with Ranch Dip Tapioca Pudding	Loosemeat Sandwich Chips Minestrone Soup Chocolate Peppermint Delight	New England Clam Chowder Hot Pork Sandwich Coleslaw Butter Pecan Ice Cream	Chicken Noodle Soup Grilled Ham and Cheese Sandwich Baked Beans Sliced Tomatoes Assorted Desserts	Italian Shredded Beef on a Bun Tater Tots Broccoli Cheese Soup Sherbet
Milk offered at every meal							Week 4

Dietitian's Signature: *Diana Jagan 10-14-2024*  
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