



Weekly Menu

TLC Living Community



	Sun 03-23-2025	Mon 03-24-2025	Tue 03-25-2025	Wed 03-26-2025	Thu 03-27-2025	Fri 03-28-2025	Sat 03-29-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Mandarin Oranges 100% Juice Toast of Choice	Denver Omelet <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Butterscotch Oatmeal Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice	Buttermilk Pancakes <i>or</i> Cream of Wheat Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	English Muffin Breakfast Sandwich Egg of Choice Sausage Patty Hash Brown Patty Grapes 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Applesauce 100% Juice Toast of Choice
L U N C H	Bacon Quiche <i>or</i> Lasagna Fruit Cup Green Salad Garlic Bread Blueberry Pie	Beef Patty with Mushroom Gravy <i>or</i> Old Fashioned Chicken and Gravy Classic Mashed Potatoes Roasted Cauliflower and Peppers Hawaiian Roll Pumpkin Squares	Pork Stir-Fry over Rice <i>or</i> Beef Scalloped Potatoes Cottage Cheese and Pineapple Stir-Fried Zucchini French Bread Birthday Cake	Breaded Fish Fillet <i>or</i> Ham with Apple Maple Sauce Baked Potato Fresh Cooked Beets Hawaiian Roll Cheesecake	Cube Steak with Brown Gravy <i>or</i> Bacon Ranch Chicken Classic Mashed Potatoes Buttery Carrots Buttermilk Biscuits Cherry Fluff	Fried Shrimp with Cocktail Sauce <i>or</i> Hot Meatloaf Sandwich Parsley Potatoes Herb Roasted Tomatoes Breadsticks Apple Crisp	Garlic Herb Pork Roast <i>or</i> Roasted Turkey Breast Homestyle Stuffing Glazed Butternut Squash Hawaiian Roll Chocolate Cream Pie
D I N N E R	Chicken Noodle Soup Garlic Roast Beef Sandwich Celery Sticks with Peanut Butter Cookie	Turkey Reuben Sandwich Apple Slices Tomato Soup Tapioca Pudding	Beef Pasta Vegetable Soup Bratwurst on a Bun Broccoli Raisin Salad Strawberry Jello	Loosemeat Sandwich Chips Minestrone Soup Chocolate Peppermint Delight	New England Clam Chowder Hot Pork Sandwich Vinaigrette Cucumber Tomatoes Butter Pecan Ice Cream	Ham Melt <i>or</i> Tuna Melt Fried Potatoes and Onions Garden Vegetable Soup Assorted Desserts	Italian Shredded Beef on a Bun Potato Salad Broccoli Cheese Soup Sherbet
	Milk offered at every meal						Week 4

Dietitian's Signature: *Quinn Jagan 10-14-2024*
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