



Weekly Menu

TLC Living Community



	Sun 03-30-2025	Mon 03-31-2025	Tue 04-01-2025	Wed 04-02-2025	Thu 04-03-2025	Fri 04-04-2025	Sat 04-05-2025
BREAKFAST	Swedish Pancakes Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Chef's Choice Omelet <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice	Cinnamon and Sugar Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	French Toast <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Mandarin Oranges 100% Juice Toast of Choice	Egg and Cheese Biscuit Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Sausage Egg Muffin Sandwich <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Applesauce 100% Juice Toast of Choice
LUNCH	Chicken Cavatappi with Basil Cream Sauce <i>or</i> Beef Goulash Cottage Cheese and Fruit Garden Green Salad Hawaiian Roll Coconut Cake	Beef Stroganoff with Rice <i>or</i> Sweet and Sour Chicken Rice Grapes Yellow Squash French Bread Key Lime Pie	BBQ Chicken Quarters <i>or</i> Apple Cider Pork Chops Baked Sweet Potato Cauliflower with Hollandaise Sauce Cornbread Muffin Banana Cream Pie	Creamed Chipped Beef on Toast <i>or</i> Open Face Hot Turkey Sandwich Classic Mashed Potatoes Peas Cherry Cheesecake	Baked Ham with Peach Sauce <i>or</i> Country Fried Steak with Gravy Baked Potato Buttery Carrots French Bread Strawberry Shortcake	Shrimp Scampi <i>or</i> Chicken BLT Taco Buttered Noodles Garlic Green Beans Hawaiian Roll German Chocolate Brownie	Grilled Lemon and Garlic Haddock <i>or</i> Pork Chop with Mushroom Gravy Parsley Potatoes Roasted Parmesan Brussels Sprouts Buttermilk Biscuits Homemade Peach Pie
DINNER	Corned Beef and Swiss on Rye Potato Chips Homestyle Bean Bacon Soup Cookies and Cream Ice Cream	Meat Chili Cuban Sandwich Vegetables with Ranch Dip Butterscotch Pudding	Chicken Noodle Soup Hot Roast Beef and Cheddar Sandwich Sauteed Mushrooms Mimosa Jello	Pasta Fagioli Soup Chicken Nuggets Fried Potatoes and Onions Marinated Tomatoes Hot Fudge Sundae	Italian Sausage Poor Boy Apple Slices Beef Pasta Vegetable Soup Sauteed Peppers and Onions Assorted Desserts	Cream of Potato Soup Egg Salad Sandwich <i>or</i> American Hamburger Pickled Beets Sherbet	Classic Minestrone Soup Roast Beef Poor Boy Coleslaw Assorted Desserts
Milk offered at every meal							Week 5

Dietitian's Signature: *Quinn Jagan* 10-14-2024
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