



# Weekly Menu

TLC Living Community



	Sun 04-13-2025	Mon 04-14-2025	Tue 04-15-2025	Wed 04-16-2025	Thu 04-17-2025	Fri 04-18-2025	Sat 04-19-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Sausage and Cheese Omelet <i>or</i> Cream of Wheat Egg of Choice Bacon Fresh Pineapple 100% Juice Toast of Choice	Baked Oatmeal with Cinnamon Apples Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	French Toast <i>or</i> Cream of Wheat Egg of Choice Bacon Peaches 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Mandarin Oranges 100% Juice Toast of Choice	Eggs Benedict <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice
L U N C H	Pork Chop with Mushroom Gravy <i>or</i> Chicken Parmesan Baked Potato Peas and Carrots Breadsticks Tres Leches Cake	Burgundy Beef with Noodles <i>or</i> Ranch Bacon Chicken over Noodles Grapes Green Salad Hawaiian Roll Cherry Chocolate Cake	Creamed Turkey and Biscuits <i>or</i> Pork Medallions and Biscuits Homestyle Stuffing Baked Acorn Squash Blueberry Pie	Seasoned Meatballs with Gravy <i>or</i> Fried Chicken with Creamy Gravy Classic Mashed Potatoes Roasted Brussels Sprouts Hawaiian Roll Pineapple Cheesecake	Apricot Brown Sugar Ham <i>or</i> Cube Steak with Burgundy Sauce AuGratin Potatoes Buttered Zucchini Breadsticks Banana Pudding Cake	Sweet and Sour Shrimp <i>or</i> Beef Stroganoff Rice Pears Green Salad French Bread Whipped Lemon Pie	Hamburger Steak and Onions <i>or</i> BBQ Chicken Quarters Baked Sweet Potato Steamed Broccoli with Hollandaise Cornbread Strawberry Shortcake
D I N N E R	Kielbasa with Sauerkraut O'Brien Potatoes Homestyle Beef Vegetable Soup Cookies and Cream Ice Cream	Italian Bean Soup Ham and Swiss Slider Dill Cucumbers Assorted Desserts	Broccoli Cheese Soup Sloppy Joes Chips Pickle Chips Cookie	Meat Chili Salami and Cheese Sandwich Coleslaw Butterscotch Pudding	Cream of Potato Soup Chicken Salad Sandwich Apple Slices Sliced Tomatoes Assorted Desserts	Italian Shredded Beef on a Bun <i>or</i> Crispy Fish Burger Potato Salad Tomato Rice Soup Ice Cream Sundae	Roast Pork Sandwich Baked Beans Vegetable Barley Soup Orange Pineapple Jello
Milk offered at every meal							Week 1

Dietitian's Signature: *Quinn Jager* 10-14-2024  
6/10/28