



Weekly Menu

TLC Living Community



	Sun 06-15-2025	Mon 06-16-2025	Tue 06-17-2025	Wed 06-18-2025	Thu 06-19-2025	Fri 06-20-2025	Sat 06-21-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Peaches 100% Juice Toast of Choice	Cheese Omelet <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Grapes 100% Juice Toast of Choice	Corned Beef Hash Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Raisin French Toast <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Pears 100% Juice Toast of Choice	Sausage Biscuit Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Ham Egg Muffin Sandwich <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup 100% Juice Toast of Choice
L U N C H	FATHER'S DAY BBQ Pork Ribs <i>or</i> Hot Meatloaf Sandwich Potato Salad Herb Buttered Corn and Green Beans Hawaiian Roll Homemade Peach Pie	Beef and Rice <i>or</i> Sweet and Sour Pork Mandarin Oranges Steamed Broccoli Breadsticks German Chocolate Cake	Cube Steak with Burgundy Sauce <i>or</i> Baked Chicken Quarter Parsley Potatoes Fresh Cooked Carrots French Bread Cherry Fluff	Cranberry Glazed Ham <i>or</i> Roasted Turkey Breast Baked Sweet Potato Creamed Spinach Hawaiian Roll Frosted Banana Bars	Chicken and Biscuits <i>or</i> Beef Patty with Mushroom Gravy Classic Mashed Potatoes Corn Chocolate Cream Pie	Breaded Fish Fillet <i>or</i> Ranch Pork Chops Baked Potato Fresh Cooked Beets Breadsticks Apple Cake	Bacon Quiche <i>or</i> Spaghetti with Meatballs Apricots House Green Salad Garlic Bread Blueberry Pie
D I N N E R	Egg Salad Sandwich Chips Vegetable Macaroni Soup Assorted Desserts	Cream of Potato Soup Ham and Swiss Slider Sliced Tomatoes Ice Cream Sundae	Meat Chili All Beef Hot Dog Coleslaw Cookie	Chicken Noodle Soup Sloppy Joes Fried Potatoes and Onions Pickle Chips Chocolate Ice Cream	Grilled Cheese with Bacon Apple Slices Tomato Soup Assorted Desserts	Split Pea Soup Chicken Philly Sandwich Celery Sticks with Peanut Butter Mandarin Parfait	Braised Beef Sandwich Cheesy Potato Casserole Minestrone Soup Sherbet
Milk offered at every meal							Week 5

Dietitian's Signature:

Quinn J. Sign 4-21-2025
6/10/24