



# Weekly Menu

TLC Living Community



	Sun 06-22-2025	Mon 06-23-2025	Tue 06-24-2025	Wed 06-25-2025	Thu 06-26-2025	Fri 06-27-2025	Sat 06-28-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Sausage and Cheese Omelet <i>or</i> Cream of Wheat Egg of Choice Bacon Fresh Pineapple 100% Juice Toast of Choice	Baked Oatmeal with Cinnamon Apples Blueberry Muffin Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	French Toast <i>or</i> Cream of Wheat Egg of Choice Bacon Peaches 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Mandarin Oranges 100% Juice Toast of Choice	Eggs Benedict <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice
L U N C H	Tuna Noodle Casserole <i>or</i> Classic Beef Stroganoff Orange Cottage Salad Green Beans Breadsticks Tres Leches Cake	Shepherd's Pie with Gravy <i>or</i> Creamy Chicken Enchiladas Grapes Green Salad French Bread Cherry Chocolate Cake	Open Face Hot Turkey Sandwich <i>or</i> Creamed Chipped Ham and Toast Classic Mashed Potatoes Braised Carrots and Celery Fresh Coconut Cream Pie	Haddock with Savory Herb Butter <i>or</i> Oven Roasted Pork Loin Parsley Potatoes Buttered Zucchini Hawaiian Roll Pineapple Cheesecake	Apricot Brown Sugar Ham <i>or</i> Honey Glazed Meatballs AuGratin Potatoes Roasted Cauliflower Breadsticks Turtle Brownie	Philly Cube Steak <i>or</i> Breaded Shrimp with Cocktail Sauce Buttered Noodles Roasted Parmesan Brussels Sprouts French Bread Strawberry Shortcake	BBQ Chicken Quarters <i>or</i> Salisbury Steak and Gravy Roasted Potato Medley with Gravy Steamed Broccoli with Hollandaise Cornbread Whipped Lemon Pie
D I N N E R	German Sausage on Bun O'Brien Potatoes Homestyle Beef Vegetable Soup Cookies and Cream Ice Cream	Bean and Bacon Soup Pork Chop Sandwich Dill Cucumbers Cookie	New England Clam Chowder Mushroom Swiss Burger Chips Sauteed Onions Cookie	Hamburger Macaroni Soup Salami and Cheese Sandwich Vegetables with Ranch Dip Butterscotch Pudding	Potato Soup Turkey Salad Sandwich Applesauce Sliced Tomatoes Assorted Desserts	Grilled Chicken Sandwich Potato Salad Vegetable Barley Soup Ice Cream Sundae	Classic Chicken Noodle Soup Italian Shredded Beef on a Bun Baked Beans Cucumbers Cranberry Jello
Milk offered at every meal							Week 1

Dietitian's Signature:

*Quinn Aguiar* 4-21-2025  
6/10/25