



Weekly Menu

TLC Living Community



	Sun 06-29-2025	Mon 06-30-2025	Tue 07-01-2025	Wed 07-02-2025	Thu 07-03-2025	Fri 07-04-2025	Sat 07-05-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Applesauce 100% Juice Toast of Choice	Bacon Cheese Omelet <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Hash Brown Patty Apricots 100% Juice Toast of Choice	Mixed Berry Vanilla Baked Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Buttermilk Pancakes <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Pears 100% Juice Toast of Choice	English Muffin Breakfast Sandwich Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice	Sausage Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Hash Brown Patty Grapes 100% Juice Toast of Choice
L U N C H	Pork Stir-Fry over Rice <i>or</i> Rotini with Tomato Meat Sauce Fresh Pineapple Green Salad French Bread Banana Cream Pie	Swedish Meatballs <i>or</i> Champagne Chicken Classic Mashed Potatoes Peas and Carrots Cornbread Cherry Crisp	Savory Turkey Roast and Gravy <i>or</i> Creamy Herbed Pork Chop Homestyle Stuffing Sauteed Summer Squash Buttermilk Biscuits Birthday Cake	Lemon Garlic Haddock <i>or</i> Baked Ham with Peach Sauce Baked Potato Fresh Cooked Beets Breadsticks Boston Cream Pie	Beef Enchilada <i>or</i> Bacon Macaroni and Cheese Mandarin Oranges Green Salad French Bread Key Lime Pie	4TH OF JULY Bratwurst on a Bun <i>or</i> American Hamburger Potato Salad Watermelon Corn O'Brien Apple Pie	Swiss Steak <i>or</i> Rosemary Bacon Pork Roast Classic Mashed Potatoes Green Beans Breadsticks Pumpkin Squares
D I N N E R	Broccoli Cheese Soup Corned Beef and Swiss on Rye Three Bean Salad Peach Parfait	BBQ Pulled Pork Slider Fresh Pineapple Corn Chowder Assorted Desserts	Beef Noodle Soup Shrimp Salad Roll Chips Sliced Tomatoes Caramel Chocolate Sundae	Ranch Chicken Nuggets Fried Potatoes and Onions Minestrone Soup Fruit Sundae	Turkey Reuben Sandwich Apple Slices Creamy Tomato Basil Soup Assorted Desserts	French Onion Soup Hot Roast Beef and Cheddar Sandwich Baked Beans Celery Sticks Cookie	Split Pea Ham Soup Garden Chicken Sandwich Apple Broccoli Salad Sherbet
Milk offered at every meal							Week 2

Dietitian's Signature:

Quinn Aguiar 4-21-2025
6/10/25