



# Weekly Menu

TLC Living Community



	Sun 07-27-2025	Mon 07-28-2025	Tue 07-29-2025	Wed 07-30-2025	Thu 07-31-2025	Fri 08-01-2025	Sat 08-02-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Sausage and Cheese Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Baked Oatmeal with Cinnamon Apples Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	French Toast Egg of Choice Bacon Pears 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Mandarin Oranges 100% Juice Toast of Choice	Eggs Benedict <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice
L U N C H	Shepherd's Pie with Gravy <i>or</i> Creamy Chicken Enchiladas Grapes Green Salad French Bread Tres Leches Cake	Tuna Noodle Casserole <i>or</i> Pepper Beef Tips over Rice Orange Cottage Salad Green Beans Breadsticks Cherry Chocolate Cake	Open Face Hot Turkey Sandwich <i>or</i> Creamed Chipped Ham and Toast Classic Mashed Potatoes Braised Carrots and Celery Birthday Cake	Oven Roasted Pork Loin <i>or</i> Porcupine Meatballs Baked Potato Corn Hawaiian Roll Pineapple Cheesecake	Apricot Brown Sugar Ham <i>or</i> Broiled Fish Fillet with Basil Butter AuGratin Potatoes Roasted Cauliflower Breadsticks Turtle Brownie	Roast Beef with Mushroom Sauce <i>or</i> Breaded Shrimp with Cocktail Sauce Buttered Noodles Roasted Parmesan Brussels Sprouts French Bread Strawberry Shortcake	BBQ Chicken Quarters <i>or</i> Salisbury Steak and Gravy Roasted Potato Medley with Gravy Steamed Broccoli with Hollandaise Cornbread Lemon Pudding Cake
D I N N E R	German Sausage on Bun O'Brien Potatoes Homestyle Beef Vegetable Soup Cookies and Cream Ice Cream	Bean and Bacon Soup Shredded Pork on a Bun Dill Cucumbers Peach Parfait with Wafers	Chicken Noodle Soup Mushroom Swiss Burger Chips Sautéed Onions Butterscotch Pudding	Potato Soup Salami and Cheese Sandwich Vegetables with Ranch Dip Cookie	Beef Minestrone Soup Turkey Salad Sandwich Applesauce Sliced Tomatoes Assorted Desserts	Grilled Chicken Sandwich Potato Salad Vegetable Barley Soup Ice Cream Sundae	Homestyle Cream of Chicken Soup Italian Shredded Beef on a Bun Pickled Beets Cranberry Jello
Milk offered at every meal							Week 1

Dietitian's Signature:

*Quinn J. Jager* 4-21-2025  
6/10/28