



Weekly Menu

TLC Living Community



	Sun 08-10-2025	Mon 08-11-2025	Tue 08-12-2025	Wed 08-13-2025	Thu 08-14-2025	Fri 08-15-2025	Sat 08-16-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Fruit Cocktail 100% Juice Toast of Choice	California Omelet Egg of Choice Sausage Patty Hash Brown Patty Apricots 100% Juice Toast of Choice	Peaches and Cream Baked Oatmeal Egg of Choice Bacon Pears 100% Juice Toast of Choice	Mixed Berry French Toast Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich Egg of Choice Sausage Patty Fresh Pineapple 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Sausage Egg Muffin <i>or</i> Cream of Wheat Egg of Choice Bacon Peaches 100% Juice Toast of Choice
L U N C H	Scalloped Ham and Potatoes <i>or</i> Turkey Noodle Casserole Grapes Sauteed Summer Squash Hawaiian Roll Banana Pudding Cake	Pork Roast and Mushroom Gravy <i>or</i> Meatloaf with Caramelized Onion Gravy Classic Mashed Potatoes Peas and Carrots French Bread Cinnamon Roll Cake	Beef Burgundy <i>or</i> Sweet and Sour Chicken Rice Mandarin Oranges Green Salad Hawaiian Roll Fresh Coconut Cream Pie	Baked Ham with Mustard Sauce <i>or</i> Cranberry Glazed Turkey Roast Baked Sweet Potato Cauliflower with Cheese Sauce Buttermilk Biscuits Cheesecake	Breaded Fish Fillet <i>or</i> Sweet and Savory Meatballs AuGratin Potatoes Seasoned Broccoli Breadsticks Strawberry Rhubarb Pie	Fried Shrimp with Cocktail Sauce <i>or</i> Ranch Pork Chops Garlic Mashed Potatoes Corn French Bread Frosted Brownie	Cheese Tortellini <i>or</i> Bacon Quiche Fruit Cocktail House Green Salad Breadsticks Apple Pie
D I N N E R	Meat Chili Grilled Three Cheese Sandwich Applesauce Pickle Chips Tapioca Pudding	BBQ Beef Sandwich Ranch Roasted Potatoes Vegetable Medley Soup Mimosa Jello	Chicken Noodle Soup Italian Sausage Poor Boy Chips Sauteed Peppers and Onions Assorted Desserts	Soup Du Jour Hot Roast Beef Sliders Marinated Mushrooms Ice Cream Sundae	Beef Barley Soup Garden Chicken Sandwich Coleslaw Assorted Desserts	New England Clam Chowder Deluxe Hamburger Baked Beans Lettuce, Tomato, & Onion Cookie	Kielbasa and Bean Soup Chicken Salad Sandwich Sliced Tomatoes Butter Pecan Ice Cream
Milk offered at every meal							Week 3

Dietitian's Signature:

Quinn J. Aguiar 4-21-2025
6/10/28